Blize Healthcare:

Why Home Health for Your Patient?

Home health care allows your patients to maintain quality of life and receive personalized health care in the comfort of their home. In addition to being a cost-effective option for receiving health care services, home health promotes quicker recovery and improves the quality of life for both the patient and their family.

Criteria for Homebound Status

The following criteria are considered when determining homebound status. To be considered homebound, both criteria one and two must be met.

Criterion One

Beneficiary’s medical condition restricts the ability to leave home without the assistance of another individual or without the assistance of a supportive device. The beneficiary’s medical condition should restrict the ability to leave home. If, however, the beneficiary chooses to leave home frequently, even though leaving home requires a considerable and taxing effort, the beneficiary would not be considered homebound.

Criterion Two

Beneficiary leaves home only to receive medical treatment that generally cannot be provided in the home OR leaves the home infrequently; for short periods for non-medical purposes or to attend a religious service or unique event such as a funeral or graduation, and these absences do not indicate the beneficiary has the ability to obtain health care provided outside the home,
then the beneficiary may still be considered homebound. To
determine whether the beneficiary has the general ability to
leave the home, look at the beneficiary’s condition over a
period of time rather than short periods within the home health
stay.

**Infectious & Parasitic Diseases**

ICD-9 codes 001–139

Infectious diseases are caused by infective agents such as
bacteria, viruses, fungi or parasites. Infectious diseases may be
passed from person to person or through bites from insects or
animals. They may also be acquired by consuming
contaminated food or water or other exposures in the
environment. Parasitic diseases are infectious diseases caused
by parasites.

**Diagnosis Supported**

- **008** Intestinal infections due to other organisms
- **009** Ill-defined intestinal infections
- **011** Pulmonary tuberculosis
- **017** Tuberculosis of other organs
- **034** Streptococcal sore throat and scarlet fever
- **036** Meningococcal infection
- **038** Septicemia
- **040** Other bacterial diseases
- **042** Human immunodeficiency virus (HIV) disease
- **058** Human herpes virus
How Can Home Health Help?

Our infectious disease–related services may include but are not limited to:

**Skilled Nursing Services**

* Skilled observation and assessment
* New diagnosis teaching
* Medication assessment, instruction, and supervision
* Skin integrity assessment
* Infusion therapy and associated venipuncture
* Wound assessment, treatment, instruction to patient, family, and caregiver
* Nutritional assessment and education

**Therapy and Other Services**

* Restorative therapy (physical, occupational, speech)
* Therapy evaluation for safety/safe environment
* Therapy evaluation for strength and balance training
* Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
* ADL assistance in conjunction with medical social work intervention
Neoplasms (Cancers)
ICD-9 codes 140–239

Cancer is the general name for a group of more than 100 diseases in which cells in a part of the body begin malignant cell growth. Cancer cell growth is different from normal cell growth. Instead of dying, cancer cells continue to grow and form new, abnormal cells. Cancer cells can also invade other tissues, something that normal cells cannot do.

Diagnosis Supported

• 153 Malignant neoplasm of colon
• 154 Malignant neoplasm of rectum rectosigmoid junction and anus
• 162 Malignant neoplasm of trachea bronchus and lung
• 174 Malignant neoplasm of female breast
• 175 Malignant neoplasm of male breast
• 185 Malignant neoplasm of prostate
• 197 Secondary malignant neoplasm of respiratory and digestive systems
• 197.0 Secondary malignant neoplasm of lung
• 197.3 Secondary malignant neoplasm of other respiratory organs
• 197.5 Secondary malignant neoplasm of large intestine and rectum
• 198.81 Secondary malignant neoplasm of breast
Different kinds of cancer can have different risk factors. Some of the major risk factors include the following:

- Cancers of the lung, mouth, larynx, bladder, kidney, cervix, esophagus and pancreas are related to tobacco use, including cigarettes, cigars, chewing tobacco, and snuff.
- Skin cancer can be related to unprotected exposure to strong sunlight.
- Breast cancer risks include several factors: age and changes in hormone levels throughout life (such as age at first menstruation, number or pregnancies and age at menopause), obesity and physical activity.
- While all men are at risk for prostate cancer, several factors can increase the chances of developing the disease, such as age, race and diet. The chance of getting prostate cancer increases with age.

**How Can Home Health Help?**

Our cancer-related services may include but are not limited to:

**Skilled Nursing Services**

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Assessment/evaluation of patient needs
- Instruction on diet, disease process, medication
- Chemotherapy administration
- Infusion services
- PICC/central line maintenance
• Biological response modifiers
• Pain management, assessment, and instruction
• Hydration therapy
• Wound assessment, treatment, instruction to patient, family, and caregiver
• Lab work
• Bowel program
• Nutritional support/enteral and parenteral therapies

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention

**Endocrine, Nutritional, & Metabolic Diseases & Immunity Disorders**

ICD–9 codes 240–279
Diabetes is a disease in which the body does not produce or properly use insulin, a hormone that is needed to convert sugar, starches, and other food into energy needed for daily life.

**Diagnosis Supported**

- 243 Congenital hypothyroidism
- 245 Thyroiditis
- 249 Secondary diabetes mellitus
- 250 Diabetes mellitus
- 251 Other disorders of pancreatic internal secretion
- 254 Diseases of thymus gland
- 258 Polyglandular dysfunction and related disorders
- 259 Other endocrine disorders
- 263 Other and unspecified protein-calorie malnutrition
- 274 Gout
- 276 Disorders of fluid electrolyte and acid-base balance
- 277 Other and unspecified disorders of metabolism
- 278 Overweight, obesity and other hyperalimentation
- 279 Disorders involving the immune mechanism

**How Can Home Health Help?**

Our diabetes-related services may include but are not limited to:

**Skilled Nursing Services**
• Skilled observation and assessment
• New diagnosis teaching
• Management and evaluation of patient care when multiple caregivers are involved
• Medication management/teaching/supervision related to multiple co-morbidities
• Teach patient and family member to administer insulin and correct use of glucometer
• Report unfavorable responses or reactions to MD
• Teach/administer foot care regimen
• Individual and family counseling related to primary/secondary diagnosis
• Home safety and emergency education
• Nutrition education
• Wound assessment, treatment, instruction to patient, family, and caregiver

Therapy and Other Services
• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention
Diseases of the Blood & Blood–Forming Organs
ICD–9 codes 280–289

Anemia is the condition of having less than the normal number of red blood cells or less than the normal quantity of hemoglobin in the blood. The oxygen–carrying capacity of the blood is decreased. Persons with anemia may feel tired and fatigue easily, appear pale, develop palpitations and become unusually short of breath.

Diagnosis Supported

• 280 Iron deficiency anemias
• 281 Other deficiency anemias
• 282 Hereditary hemolytic anemias
• 283 Acquired hemolytic anemias
• 284 Aplastic anemia and other bone marrow failure syndromes
• 285 Other and unspecified anemias
• 286 Coagulation defects
• 287 Purpura and other hemorrhagic conditions
• 288 Diseases of white blood cells
• 289 Other diseases of blood and blood–forming organs

How Can Home Health Help?

Our services related to blood diseases may include but are not limited to:

Skilled Nursing Services
• Skilled observation and assessment
• New diagnosis teaching
• Medication assessment, instruction, and supervision
• Management and evaluation of patient care
• Skin integrity assessment
• Infusion therapy and associated venipuncture
• Wound assessment, treatment, instruction to patient, family, and caregiver
• Nutritional support/education
• Enteral and parenteral therapies

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention
Mental Disorders
ICD-9 codes 290-319

Mental disorders are medical conditions that disrupt a person’s thinking, feeling, mood, ability to relate to others and daily functioning. These conditions often result in a diminished capacity for coping with the ordinary demands of life. Examples of mental illnesses include depression, schizophrenia, bipolar disorder, obsessive compulsive disorder, panic disorder, post-traumatic stress disorder, and borderline personality disorder.

Diagnosis Supported

- 290 Dementias
- 294 Persistent mental disorders due to conditions classified elsewhere
- 295 Schizophrenic disorders
- 296 Episodic mood disorders
- 297 Delusional disorders
- 298 Other nonorganic psychoses
- 300 Anxiety, dissociative and somatoform disorders
- 303 Alcohol dependence syndrome
- 304 Drug dependence

How Can Home Health Help?

Our services related to mental disorders may include but are not limited to:

Skilled Nursing Services
• Skilled observation and assessment
• New diagnosis teaching
• Supportive care education of disease process to patient, family, and caregiver
• Home safety and emergency education
• Medication assessment, instruction, and supervision
• Nutrition education

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for community resources, long-term planning, or brief counseling related to primary and secondary diagnosis of care plan
• ADL assistance in conjunction with medical social work intervention

**Diseases of the Nervous System & Sense Organs**
ICD-9 codes 320–389

Alzheimer’s disease is a progressive and fatal disease that attacks the brain and destroys the brain cells, causing problems with memory, thinking, and behavior. Parkinson’s disease is a brain disorder that occurs when certain nerve cells in a part of the brain die or become impaired. Multiple sclerosis is a nervous system disease that affects the brain and spinal cord.
Encephalitis is an inflammation of the brain, usually caused by a virus.

**Diagnosis Supported**

- 320 Bacterial meningitis
- 323 Encephalitis myelitis and encephalomyelitis
- 331 Other cerebral degenerations
- 331.0 Alzheimer’s disease
- 332 Parkinson’s disease
- 334 Spinocerebellar disease
- 338 Pain, not elsewhere classified
- 338.1 Acute pain
- 338.4 Chronic pain syndrome
- 340 Multiple sclerosis
- 342 Hemiplegia and hemiparesis
- 345 Epilepsy
- 356 Hereditary and idiopathic peripheral neuropathy
- 359 Muscular dystrophies and other myopathies
- 368 Visual disturbances
- 369 Blindness and low vision
- 379 Other disorders of eye
- 380 Disorders of external ear
- 388 Other disorders of ear
How Can Home Health Help?

Our services related to Alzheimer’s disease, Parkinson’s disease, multiple sclerosis and paralysis may include but are not limited to:

**Skilled Nursing Services**
- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Individual and family education on care needs
- Facilitate other care provider’s reporting and needs
- Behavior management and instruction to family and caregiver
- Nutritional assessment and instruction

**Therapy and Other Services**
- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for long-term planning, community resources, and brief counseling related to primary or secondary diagnosis of care plan
- Assessment of patient’s home environment and financial resources
- ADL assistance in conjunction with medical social work intervention
Diseases of the Circulatory System
ICD-9 codes 390-459

Heart disease or cardiopathy is an umbrella term for a variety of diseases affecting the heart. It is the leading cause of death in the United States accounting for a full 25 percent of the nation’s mortalities.

Diagnosis Supported

- 397 Diseases of other endocardial structures
- 398 Other rheumatic heart disease
- 402 Hypertensive heart disease
- 410 Acute myocardial infection
- 412 Old myocardial infarction
- 413 Angina pectoris
- 415 Acute pulmonary heart disease
- 422 Acute myocarditis
- 425 Cardiomyopathy
- 426 Conduction disorders
- 428 Heart failure

How Can Home Health Help?

Our heart disease-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
• New diagnosis teaching
• Instruction regarding exercise and cardiac rehabilitation
• Instruction regarding the cardiac medication regimen, drug toxicity, and possible drug interactions
• Medication assessment, instruction, and supervision
• Pain management, assessment, and instruction
• Auscultation of the heart and respiratory system
• Wound assessment, treatment, instruction to patient, family, and caregiver
• Nutritional support
• Diagnostic equipment as ordered
• Instruction regarding the prevention of complications, early detection, and when to notify a physician
• IV therapy

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention
**Congestive Heart Failure (CHF)**

ICD–9 code 428.0

Congestive heart failure is a condition marked by weakness, edema, and shortness of breath. With congestive heart failure the heart can’t pump enough blood to meet the body’s needs. Over time, conditions such as narrowed arteries in the heart (coronary artery disease) or high blood pressure gradually leave the heart too weak or too stiff to fill and pump efficiently.

**Risk Factors**

- High blood pressure
- Coronary artery disease
- Heart attack
- Irregular heartbeats
- Diabetes/some diabetes medications
- Sleep apnea
- Congenital heart defects
- Viruses
- Alcohol use
- Smoking
- Obesity
- Kidney conditions

**How Can Home Health Help?**

Our CHF–related services may include but are not limited to:
Skilled Nursing Services

• Skilled observation and assessment
• New diagnosis teaching
• Instruction regarding exercise and cardiac rehabilitation
• Instruction regarding the cardiac medication regimen, drug toxicity, and possible drug interactions
• Medication assessment, instruction, and supervision
• Pain management, assessment, and instruction
• Auscultation of the heart and respiratory system
• Wound assessment, treatment, instruction to patient, family, and caregiver
• Nutritional support
• Diagnostic equipment as ordered
• Instruction regarding the prevention of complications, early detection, and when to notify a physician
• IV therapy and associated venipuncture

Therapy and Other Services

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for brief situational counseling, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention
Cerebrovascular Disease (Stroke)
ICD-9 codes 430–438

A stroke occurs when a blood clot blocks an artery or a blood vessel breaks, interrupting blood flow to an area of the brain. Stroke is the third leading cause of death in America and the number one cause of adult disability.

Diagnosis Supported
- 430 Subarachnoid hemorrhage
- 431 Intracerebral hemorrhage
- 432 Other and unspecified intracranial hemorrhage
- 433 Occlusion and stenosis of precerebral arteries
- 434 Occlusion of cerebral ischemia
- 435 Transient cerebral ischemia
- 436 Acute but ill-defined cerebrovascular disease
- 437 Other and ill-defined cerebrovascular disease
- 438 Late effects of cerebrovascular disease

How Can Home Health Help?
Our stroke-related services may include but are not limited to:

Skilled Nursing Services
- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Muscle strengthening/management
• Dysphagia management
• Individual and family counseling related to primary and secondary diagnosis
• Home safety and emergency education
• Nutritional assessment and instruction
• Pain assessment and instruction
• Assessment and associated venipuncture related to blood thinners

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention

**Other Diseases of the Circulatory System**
ICD–9 codes 391–459

Hypertension is high blood pressure. Blood pressure is the force of blood pushing against the walls of arteries and other blood vessels as it flows through them. High blood pressure that is caused by another medical condition or medication is called secondary hypertension. Hypertension is the most
common secondary condition noted with all other acute disorders.

**Diagnosis Supported**

- 391 Rheumatic fever with heart involvement
- 394 Diseases of mitral valve
- 395 Diseases of aortic valve
- 396 Diseases of mitral and aortic valves
- 401 Essential hypertension
- 403 Hypertensive kidney disease
- 403.0 Malignant hypertensive chronic kidney disease
- 403.1 Benign hypertensive chronic kidney disease
- 405 Secondary hypertension
- 416.0 Primary pulmonary hypertension
- 416.2 Chronic pulmonary embolism
- 416.8 Other chronic pulmonary heart diseases
- 420 Acute pericarditis
- 421 Acute and subacute endocarditis
- 423 Other diseases of pericardium
- 424 Other diseases of endocardium
- 427 Cardiac dysrhythmias
- 429 Complications of heart disease
- 442 Other aneurysm
- 444 Arterial embolism and thrombosis
- 448 Disease of capillaries
How Can Home Health Help?

Our essential hypertension–related services may include but are not limited to:

**Skilled Nursing Services**

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Observation and assessment of cardiac condition
- Pain management, assessment, and instruction
- Assessment and associated venipuncture related to blood thinners
- Postoperative safety and education
- Associated venipuncture
- Wound assessment, treatment, instruction to patient, family, and caregiver
- Cardiopulmonary evaluation
- Exercise instruction
- Diagnostic checks as ordered
- Physician follow-up
- Home safety evaluation
- Specialized device and equipment training
Therapy and Other Services

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention

Diseases of the Respiratory System
ICD–9 codes 460–519

Pneumonia is an inflammation of the lungs caused by an infection. Many different organisms can cause it, including bacteria, viruses, and fungi. In some people, particularly the elderly and those who are debilitated, bacterial pneumonia may follow influenza or even a common cold.

Diagnosis Supported

• 465 Acute upper respiratory infections
• 466 Acute bronchitis and bronchiolitis
• 474 Chronic disease of tonsils and adenoids
• 478 Other diseases of upper respiratory tract
• 480 Viral pneumonia
• 482 Other bacterial pneumonia
• 486 Pneumonia organism unspecified
• 488 Influenza due to certain identified influenza viruses
• 491 Chronic bronchitis
• 492 Emphysema
• 494 Bronchiectasis
• 496 Chronic airway obstruction not elsewhere classified
• 504 Pneumonopathy due to inhalation of other dust
• 510 Empyema
• 511 Pleurisy
• 514 Pulmonary congestion and hypostasis
• 518 Other diseases of lung
• 519 Other diseases of respiratory system

How Can Home Health Help?

Our pneumonia–related services may include but are not limited to:

Skilled Nursing Services

• Skilled observation and assessment
• New diagnosis teaching
• Medication assessment, instruction, and supervision
• Observation and systems assessment
• Assess respiratory status, respiratory rate, pattern and level of anxiety
• Teach, evaluate new antibiotic regimen
• Venipuncture, for CBC as ordered
• Teach patient, family, and caregiver safe, effective oxygen therapy at home
• Teach other pulmonary treatment
• Teach effective coughing and deep breathing exercises
• Assess breath, lung sounds
• Evaluate vital signs
• Teach patient, family, and caregiver use of nebulizer therapy
• Postural drainage as ordered
• Pain management due to cough and chest pain
• Assess for s/s/ of hypoxia
• Evaluate hydration and nutrition status
• Notify MD of significant changes

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for community resources, long-term planning, brief situational counseling and assessment of anxiety
• ADL assistance in conjunction with medical social work intervention
Chronic Obstructive Pulmonary Disease (COPD) & Allied Conditions
ICD–9 codes 490–496

COPD refers to a group of lung diseases that block airflow and make it increasingly difficult to breathe. Emphysema and chronic bronchitis are the two main conditions that make up COPD, but COPD can also refer to damage caused by chronic asthmatic bronchitis.

Risk Factors

• Smoking
• Passing exposure to cigarette smoke
• Environmental and industrial pollutants
• Asthma
• Frequent respiratory infections
• Positive family history
• Occupational dusts and chemicals (vapors, irritants, fumes)
• Indoor air pollutions from some fuels used for cooking and heating in poorly vented dwellings
• Outdoor air pollution

Additional Notes:

How Can Home Health Help?

Our COPD–related services may include but are not limited to:

Skilled Nursing Services

• Skilled observation and assessment
• New diagnosis teaching
• Medication assessment, instruction, and supervision
• Management and evaluation
• Assess general pulmonary status and level of anxiety
• Evaluate lung sounds
• Teach patient or caregiver new medication regimen
• Teach regarding safe oxygen utilization
• Teach proper use of inhalers
• Teach conservation of energy
• Assess nutritional status
• Assess hydration status
• Assess vital signs
• Venipuncture
• Monitor respiratory rate
• Evaluate for presence or absence of cough
• Obtain sputum culture as ordered
• Breathing exercises
• Notify MD of significant changes

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for community resources, long-term planning, brief counseling related to anxiety and coping strategies
• ADL assistance in conjunction with medical social work intervention

**Diseases of the Digestive System**
ICD–9 codes 520–579

Digestive system diseases are any diseases that affect the human digestive tract. Such disorders may affect the esophagus, stomach, small intestine, large intestine, pancreas, liver, or biliary tract. Common disorders/diseases include gastroesophageal reflux disease, cirrhosis of the liver, peptic ulcers, colorectal cancer, and gallstones.

**Diagnosis Supported**

• 528 Diseases of the oral soft tissues including lesions specific for gingiva and tongue
• 530 Diseases of esophagus
• 531 Gastric ulcer
• 532 Duodenal ulcer
• 533 Peptic ulcer site unspecified
• 536 Disorders of function of stomach
• 540 Acute appendicitis
• 555 Regional enteritis
• 558 Other and unspecified noninfectious gastroenteritis and colitis
• 560 Intestinal obstruction without mention of hernia
• 564 Functional digestive disorders not elsewhere classified
• 565 Anal fissure and fistula
• 566 Abscess of anal and rectal regions
• 568 Other disorders of peritoneum
• 569 Other disorders of intestine
• 571 Chronic liver disease and cirrhosis
• 573 Other disorders of liver
• 574 Cholelithiasis
• 577 Diseases of pancreas
• 578 Gastrointestinal hemorrhage
• 579 Intestinal malabsorption

How Can Home Health Help?

Our services related to diseases of the digestive system may include but are not limited to:

Skilled Nursing Services

• Skilled observation and assessment
• New diagnosis teaching
• Medication assessment, instruction, and supervision
• Individualized care and treatment
• Facilitate other care providers’ reporting and needs
• Home safety and emergency education
• Infusion therapy services
• Nutrition education and assessment

Therapy and Other Services
• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for brief situational counseling, community resource identification, and long-term planning
• ADL assistance in conjunction with medical social work intervention

Diseases of the Genitourinary System
ICD–9 codes 580–629

A urinary tract infection, or UTI, is an infection that can happen anywhere along the urinary tract. Urinary tract infections are caused by germs, usually bacteria that enter the urethra and then the bladder. This can lead to infection, most commonly in the bladder itself, which can spread to the kidneys.

Diagnosis Supported
• 580 Acute glomerulonephritis
• 581 Nephrotic syndrome
• 583 Nephritis and nephropathy not specified as acute or chronic
• 584 Acute kidney failure
• 585 Chronic kidney disease (CKD)
• 586 Renal failure unspecified
• 587 Renal sclerosis unspecified
• 590 Infections of kidney
• 591 Hydronephrosis
• 593 Other disorders of kidney and ureter
• 595 Cystitis
• 599 Other disorders of urethra and urinary tract
• 599.0 Urinary tract infection, site not specified
• 599.60 Urinary obstruction, unspecified
• 599.7 Hematuria
• 602 Other disorders of prostate
• 603 Hydrocele
• 611 Other disorders of breast
• 615 Inflammatory diseases of uterus except cervix
• 616 Inflammatory disease of cervix vagina and vulva
• 625 Pain and other symptoms associated with female genital
• 629 Other disorders of female genital organs

How Can Home Health Help?

Our UTI–related services may include but are not limited to:

Skilled Nursing Services

• Skilled observation and assessment
• New diagnosis teaching
• Medication assessment, instruction, and supervision
• Pain management, assessment, and instruction
• Individualized care and treatment
• Individual and family education on care needs
• Facilitate other care providers’ reporting and needs
• Home safety and emergency education
• Nutrition assessment and education
• Associated venipuncture

**Therapy and Other Services**

• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention

**Diseases of the Skin & Subcutaneous Tissue**

ICD–9 codes 680–709

A pressure ulcer (also known as a bedsore or a decubitus ulcer) is skin damage caused by pressure while a patient is sitting or lying for a period of time.
Diagnosis Supported

• 682 Other cellulitis and abscess
• 686 Other local infections of skin and subcutaneous tissue
• 691 Atopic dermatitis and related conditions
• 692 Contact dermatitis and other eczema
• 695 Erythematous conditions
• 698 Pruritus and related conditions
• 702 Other dermatoses
• 707 Chronic ulcer of skin
• 709 Other disorders of skin and subcutaneous tissue

Additional Notes:

How Can Home Health Help?

Our pressure ulcer–related services may include but are not limited to:

Skilled Nursing Services

• Skilled observation and assessment
• New diagnosis teaching
• Medication assessment, instruction, and supervision
• Management and evaluation of patient care
• Wound assessment, treatment, and instruction
• Catheter changes and maintenance
• Dressing changes
• Enteral/parenteral therapies and associated lab work
• Infusion therapy and associated lab work
• Teaching ostomy care
• Skin integrity assessment
• Monitoring of acute conditions
• Nutrition assessment and instruction
• Pain management, assessment, and instruction

**Therapy and Other Services**
• Restorative therapy (physical, occupational, speech)
• Therapy evaluation for safety/safe environment
• Therapy evaluation for strength and balance training
• Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
• ADL assistance in conjunction with medical social work intervention

**Diseases of the Musculoskeletal System & Connective Tissue**
ICD–9 codes 710–739

Osteoporosis, or porous bone, is a disease in which bones become fragile and more likely to break. Arthritis refers to more than 100 different diseases that affect areas in or around joints. It’s one of the most prevalent chronic health problems and the nation’s leading cause of disability among Americans over age 15.
Diagnosis Supported

- **710** Diffuse diseases of connective tissue
- **714** Rheumatoid arthritis and other inflammatory polyarthropathies
- **715** Osteoarthritis and allied disorders
- **716** Other and unspecified arthropathies
- **719** Other and unspecified disorders of joint
- **721** Spondylosis and allied disorders
- **722** Intervertebral disc disorders
- **722.6** Degeneration of intervertebral disc, site unspecified
- **723** Other disorders of cervical region
- **724** Other and unspecified disorders of back
  - **724.00** Spinal stenosis, unspecified region
  - **724.5** Backache, unspecified
- **728** Disorders of muscle ligament and fascia
- **729** Other disorders of soft tissues
- **730** Osteomyelitis periostitis and other infections involving bone
  - **733.0** Osteoporosis
    - **733.1** Pathologic fracture
- **736** Other acquired deformities of limbs
- **737** Curvature of spine
- **738** Other acquired musculoskeletal deformity
- **739** Nonallopathic lesions not elsewhere classified
How Can Home Health Help?

Our services related to osteoporosis and arthritis may include but are not limited to:

**Skilled Nursing Services**

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Pain management, assessment, and instruction
- Individualized care and treatment
- Facilitate other care providers’ reporting and needs
- Home safety and emergency education
- Infusion therapy services
- Nutrition education

**Therapy and Other Services**

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention
Orthopedic Care
ICD-9 codes 719.45-829

Our orthopedic program is designed to teach patients and caregivers how to manage their day-to-day lives after experiencing a musculoskeletal or orthopedic condition that results in surgical or medical intervention.

Diagnosis Supported

- 718.0 Articular cartilage disorder
- 719.45 Total hip replacement
- 719.46 Total knee replacement
- 733.1 Pathological fractures
- 733.14 Pathologic fracture of hip
- 810–819 Upper limb fractures
- 810–819 Other fractures of upper limbs
- 821–829 Other fractures of the lower limbs

How Can Home Health Help?

Our skilled orthopedic services may include but are not limited to:

- Skilled observation and assessment
- Venipuncture for lab with assessment
- Removal of sutures/staples
- Evaluation of extremity in splint or cast
- Skeleton traction care
Foley catheter insertions/management
Pain management, assessment, and instruction
Assessment and associated venipuncture related to blood thinners
Administer IV, IM and Sub–Q medications
Wound assessment, treatment, and instruction
Pressure ulcer management
Orthopedic pin care
Elimination management
Assess rehabilitation needs/potential
Develop a rehabilitation program
Transfer teaching
Teaching bed mobility
Balance and coordination exercises
Gait training
Fitting and use of assistive devices
Teaching fine motor control

**Injury & Poisoning**
ICD–9 codes 800–999

Every year, one out of three adults age 65 and older falls. Among that age group, falls are the leading cause of injury death. They are also the most common cause of nonfatal injuries and hospital admissions for trauma.
The unintentional drug poisoning death rate has been rising in recent years, more than doubling between 1999 and 2007. Opioid pain medications such as oxycodone and methadone were involved in more than half of these deaths.

**Diagnosis Supported**

- **884** Multiple and unspecified open wound of upper limb
- **887** Traumatic amputation of arm and hand (complete) (partial)
- **890** Open wound of hip and thigh
- **892** Open wound of foot except toe(s) alone
- **894** Multiple and unspecified open wound of lower limb
- **941** Burn of face, head, and neck
- **944** Burn of wrist(s) and hand(s)
- **945** Burn of lower limb(s)
- **946** Burns of multiple specified sites
- **949** Burn unspecified site
- **967** Poisoning by sedatives and hypnotics
- **977** Poisoning by other and unspecified drugs and medicinal substances
- **991** Effects of reduced temperature
- **862** Injury to other and unspecified intrathoracic organs
- **869** Internal injury to unspecified or ill-defined organs
- **999** Complications of medical care not elsewhere classified
How Can Home Health Help?

Our services related to injury and accidental poisoning may include but are not limited to:

**Skilled Nursing Services**

- Skilled observation and assessment
- Medication management/teaching
- Individualized care and treatment
- Pain management, assessment, and instruction
- Education on managing disease process
- Associated lab work
- Facilitate other care providers’ reporting and needs
- Home safety and emergency education
- Nutrition education

**Therapy and Other Services**

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention
Our home health agency provides the following services:

**SKILLED NURSING**

- Skilled observation and assessment of a newly diagnosed condition or the exacerbation of an existing condition
- Medication management/education for a new or changed drug
- Open wound care/dressing
- Wound care/dressing changes for all types of wounds
- Bowel/bladder training
- Diabetic self-management training
- Foley insertion
- Teaching care of in-dwelling Foley Catheter
- Administer vitamin B12
- Administer other IM/Subq.
- Teach ostomy care
- Teach ostomy or ileal conduit of care
- Teach nasogastric feeding
- Re-insertion nasogastric feeding tube
- Teach gastrostomy feedings
- Teach parental nutrition
- Teach tracheostomy care
- Instruct in administration of medications, including inhalants and oxygen therapy
- Teach administration of injection
- Disimpaction/FU enema
- Management and evaluation of a patient care plan
MEDICAL SUPPLIES & EQUIPMENT

We can assist in the arrangement of supplies and equipment required to meet your individual medical needs.

PHYSICAL THERAPY

• Evaluation
• Therapeutic exercise
• Gait training
• Transfer training
• Ultrasound and other modalities
• Home exercise program
• Prosthetic training

SPEECH–LANGUAGE PATHOLOGY

• Evaluation
• Voice disorder treatment
• Speech articulation disorder
• Dysphagia treatment
• Language disorder treatment
• Aural rehabilitation
• Cognition assessment and interventions

OCCUPATIONAL THERAPY

• Evaluation
• ADL training
• Muscle re-education
• Perceptual motor training
• Fine motor coordination
• Neuro–development treatment
• Sensory treatment
• Orthotics/splinting
• Adaptive equipment
HOME HEALTH AIDE

• Bathing and dressing
• Personal care
• Transfer/ambulation
• Light meal preparation

MEDICAL SOCIAL SERVICES

• Assessment of social and emotional factors
• Community resource planning
• Short-term therapy

• Support nutritional needs
• Laundry
• Light housekeeping

• Short-term counseling for long-range planning and decision making