

Blize Healthcare:

Why Home Health for Your Patient?

Home health care allows your patients to maintain quality of life and receive personalized health care in the comfort of their home. In addition to being a cost-effective option for receiving health care services, home health promotes quicker recovery and improves the quality of life for both the patient and their family.

Criteria for Homebound Status

The following criteria are considered when determining homebound status. To be considered homebound, both criteria one and two must be met.

Criterion One

Beneficiary's medical condition restricts the ability to leave home without the assistance of another individual or without the assistance of a supportive device. The beneficiary's medical condition should restrict the ability to leave home. If, however, the beneficiary chooses to leave home frequently, even though leaving home requires a considerable and taxing effort, the beneficiary would not be considered homebound.

Criterion Two

Beneficiary leaves home only to receive medical treatment that generally cannot be provided in the home OR leaves the home infrequently; for short periods for non-medical purposes or to attend a religious service or unique event such as a funeral or graduation, and these absences do not indicate the beneficiary has the ability to obtain health care provided outside the home,

then the beneficiary may still be considered homebound. To determine whether the beneficiary has the general ability to leave the home, look at the beneficiary's condition over a period of time rather than short periods within the home health stay.

Infectious & Parasitic Diseases

ICD-9 codes 001-139

Infectious diseases are caused by infective agents such as bacteria, viruses, fungi or parasites. Infectious diseases may be passed from person to person or through bites from insects or animals. They may also be acquired by consuming contaminated food or water or other exposures in the environment. Parasitic diseases are infectious diseases caused by parasites.

Diagnosis Supported

- **008** Intestinal infections due to other organisms
- **009** Ill-defined intestinal infections
- **011** Pulmonary tuberculosis
- **017** Tuberculosis of other organs
- **034** Streptococcal sore throat and scarlet fever
- **036** Meningococcal infection
- **038** Septicemia
- **040** Other bacterial diseases
- **042** Human immunodeficiency virus (HIV) disease
- **058** Human herpes virus

- **059** Poxvirus infections

How Can Home Health Help?

Our infectious disease–related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Skin integrity assessment
- Infusion therapy and associated venipuncture
- Wound assessment, treatment, instruction to patient, family, and caregiver
- Nutritional assessment and education

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long–term planning
- ADL assistance in conjunction with medical social work intervention

Neoplasms (Cancers)

ICD-9 codes 140-239

Cancer is the general name for a group of more than 100 diseases in which cells in a part of the body begin malignant cell growth. Cancer cell growth is different from normal cell growth. Instead of dying, cancer cells continue to grow and form new, abnormal cells. Cancer cells can also invade other tissues, something that normal cells cannot do.

Diagnosis Supported

- **153** Malignant neoplasm of colon
- **154** Malignant neoplasm of rectum rectosigmoid junction and anus
- **162** Malignant neoplasm of trachea bronchus and lung
- **174** Malignant neoplasm of female breast
- **175** Malignant neoplasm of male breast
- **185** Malignant neoplasm of prostate
- **197** Secondary malignant neoplasm of respiratory and digestive systems
- **197.0** Secondary malignant neoplasm of lung
- **197.3** Secondary malignant neoplasm of other respiratory organs
- **197.5** Secondary malignant neoplasm of large intestine and rectum
- **198.81** Secondary malignant neoplasm of breast

Different kinds of cancer can have different risk factors. Some of the major risk factors include the following:

- Cancers of the lung, mouth, larynx, bladder, kidney, cervix, esophagus and pancreas are related to tobacco use, including cigarettes, cigars, chewing tobacco, and snuff.
- Skin cancer can be related to unprotected exposure to strong sunlight.
- Breast cancer risks include several factors: age and changes in hormone levels throughout life (such as age at first menstruation, number of pregnancies and age at menopause), obesity and physical activity.
- While all men are at risk for prostate cancer, several factors can increase the chances of developing the disease, such as age, race and diet. The chance of getting prostate cancer increases with age.

How Can Home Health Help?

Our cancer-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Assessment/evaluation of patient needs
- Instruction on diet, disease process, medication
- Chemotherapy administration
- Infusion services
- PICC/central line maintenance

- Biological response modifiers
- Pain management, assessment, and instruction
- Hydration therapy
- Wound assessment, treatment, instruction to patient, family, and caregiver
- Lab work
- Bowel program
- Nutritional support/enteral and parenteral therapies

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Endocrine, Nutritional, & Metabolic Diseases & Immunity Disorders

ICD-9 codes 240-279

Diabetes is a disease in which the body does not produce or properly use insulin, a hormone that is needed to convert sugar, starches, and other food into energy needed for daily life.

Diagnosis Supported

- **243** Congenital hypothyroidism
- **245** Thyroiditis
- **249** Secondary diabetes mellitus
- **250** Diabetes mellitus
- **251** Other disorders of pancreatic internal secretion
- **254** Diseases of thymus gland
- **258** Polyglandular dysfunction and related disorders
- **259** Other endocrine disorders
- **263** Other and unspecified protein–calorie malnutrition
- **274** Gout
- **276** Disorders of fluid electrolyte and acid–base balance
- **277** Other and unspecified disorders of metabolism
- **278** Overweight, obesity and other hyperalimentation
- **279** Disorders involving the immune mechanism

How Can Home Health Help?

Our diabetes–related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Management and evaluation of patient care when multiple caregivers are involved
- Medication management/teaching/supervision related to multiple co-morbidities
- Teach patient and family member to administer insulin and correct use of glucometer
- Report unfavorable responses or reactions to MD
- Teach/administer foot care regimen
- Individual and family counseling related to primary/secondary diagnosis
- Home safety and emergency education
- Nutrition education
- Wound assessment, treatment, instruction to patient, family, and caregiver

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Diseases of the Blood & Blood-Forming Organs

ICD-9 codes 280-289

Anemia is the condition of having less than the normal number of red blood cells or less than the normal quantity of hemoglobin in the blood. The oxygen-carrying capacity of the blood is decreased. Persons with anemia may feel tired and fatigue easily, appear pale, develop palpitations and become unusually short of breath.

Diagnosis Supported

- **280** Iron deficiency anemias
- **281** Other deficiency anemias
- **282** Hereditary hemolytic anemias
- **283** Acquired hemolytic anemias
- **284** Aplastic anemia and other bone marrow failure syndromes
- **285** Other and unspecified anemias
- **286** Coagulation defects
- **287** Purpura and other hemorrhagic conditions
- **288** Diseases of white blood cells
- **289** Other diseases of blood and blood-forming organs

How Can Home Health Help?

Our services related to blood diseases may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Management and evaluation of patient care
- Skin integrity assessment
- Infusion therapy and associated venipuncture
- Wound assessment, treatment, instruction to patient, family, and caregiver
- Nutritional support/education
- Enteral and parenteral therapies

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Mental Disorders

ICD-9 codes 290-319

Mental disorders are medical conditions that disrupt a person's thinking, feeling, mood, ability to relate to others and daily functioning. These conditions often result in a diminished capacity for coping with the ordinary demands of life. Examples of mental illnesses include depression, schizophrenia, bipolar disorder, obsessive compulsive disorder, panic disorder, post-traumatic stress disorder, and borderline personality disorder.

Diagnosis Supported

- **290** Dementias
- **294** Persistent mental disorders due to conditions classified elsewhere
- **295** Schizophrenic disorders
- **296** Episodic mood disorders
- **297** Delusional disorders
- **298** Other nonorganic psychoses
- **300** Anxiety, dissociative and somatoform disorders
- **303** Alcohol dependence syndrome
- **304** Drug dependence

How Can Home Health Help?

Our services related to mental disorders may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Supportive care education of disease process to patient, family, and caregiver
- Home safety and emergency education
- Medication assessment, instruction, and supervision
- Nutrition education

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for community resources, long-term planning, or brief counseling related to primary and secondary diagnosis of care plan
- ADL assistance in conjunction with medical social work intervention

Diseases of the Nervous System & Sense Organs

ICD-9 codes 320-389

Alzheimer's disease is a progressive and fatal disease that attacks the brain and destroys the brain cells, causing problems with memory, thinking, and behavior. Parkinson's disease is a brain disorder that occurs when certain nerve cells in a part of the brain die or become impaired. Multiple sclerosis is a nervous system disease that affects the brain and spinal cord.

Encephalitis is an inflammation of the brain, usually caused by a virus.

Diagnosis Supported

- **320** Bacterial meningitis
- **323** Encephalitis myelitis and encephalomyelitis
- **331** Other cerebral degenerations
- **331.0** Alzheimer's disease
- **332** Parkinson's disease
- **334** Spinocerebellar disease
- **338** Pain, not elsewhere classified
- **338.1** Acute pain
- **338.4** Chronic pain syndrome
- **340** Multiple sclerosis
- **342** Hemiplegia and hemiparesis
- **345** Epilepsy
- **356** Hereditary and idiopathic peripheral neuropathy
- **359** Muscular dystrophies and other myopathies
- **368** Visual disturbances
- **369** Blindness and low vision
- **379** Other disorders of eye
- **380** Disorders of external ear
- **388** Other disorders of ear

How Can Home Health Help?

Our services related to Alzheimer's disease, Parkinson's disease, multiple sclerosis and paralysis may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Individual and family education on care needs
- Facilitate other care provider's reporting and needs
- Behavior management and instruction to family and caregiver
- Nutritional assessment and instruction

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for long-term planning, community resources, and brief counseling related to primary or secondary diagnosis of care plan
- Assessment of patient's home environment and financial resources
- ADL assistance in conjunction with medical social work intervention

Diseases of the Circulatory System

ICD-9 codes 390-459

Heart disease or cardiopathy is an umbrella term for a variety of diseases affecting the heart. It is the leading cause of death in the United States accounting for a full 25 percent of the nation's mortalities.

Diagnosis Supported

- **397** Diseases of other endocardial structures
- **398** Other rheumatic heart disease
- **402** Hypertensive heart disease
- **410** Acute myocardial infection
- **412** Old myocardial infarction
- **413** Angina pectoris
- **415** Acute pulmonary heart disease
- **422** Acute myocarditis
- **425** Cardiomyopathy
- **426** Conduction disorders
- **428** Heart failure

How Can Home Health Help?

Our heart disease-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment

- New diagnosis teaching
- Instruction regarding exercise and cardiac rehabilitation
- Instruction regarding the cardiac medication regimen, drug toxicity, and possible drug interactions
- Medication assessment, instruction, and supervision
- Pain management, assessment, and instruction
- Auscultation of the heart and respiratory system
- Wound assessment, treatment, instruction to patient, family, and caregiver
- Nutritional support
- Diagnostic equipment as ordered
- Instruction regarding the prevention of complications, early detection, and when to notify a physician
- IV therapy

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Congestive Heart Failure (CHF)

ICD-9 code 428.0

Congestive heart failure is a condition marked by weakness, edema, and shortness of breath. With congestive heart failure the heart can't pump enough blood to meet the body's needs. Over time, conditions such as narrowed arteries in the heart (coronary artery disease) or high blood pressure gradually leave the heart too weak or too stiff to fill and pump efficiently.

Risk Factors

- High blood pressure
- Coronary artery disease
- Heart attack
- Irregular heartbeats
- Diabetes/some diabetes medications
- Sleep apnea
- Congenital heart defects
- Viruses
- Alcohol use
- Smoking
- Obesity
- Kidney conditions

How Can Home Health Help?

Our CHF-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Instruction regarding exercise and cardiac rehabilitation
- Instruction regarding the cardiac medication regimen, drug toxicity, and possible drug interactions
- Medication assessment, instruction, and supervision
- Pain management, assessment, and instruction
- Auscultation of the heart and respiratory system
- Wound assessment, treatment, instruction to patient, family, and caregiver
- Nutritional support
- Diagnostic equipment as ordered
- Instruction regarding the prevention of complications, early detection, and when to notify a physician
- IV therapy and associated venipuncture

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for brief situational counseling, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

- **Cerebrovascular Disease (Stroke)**

ICD-9 codes 430-438

A stroke occurs when a blood clot blocks an artery or a blood vessel breaks, interrupting blood flow to an area of the brain. Stroke is the third leading cause of death in America and the number one cause of adult disability.

Diagnosis Supported

- **430** Subarachnoid hemorrhage
- **431** Intracerebral hemorrhage
- **432** Other and unspecified intracranial hemorrhage
- **433** Occlusion and stenosis of precerebral arteries
- **434** Occlusion of cerebral ischemia
- **435** Transient cerebral ischemia
- **436** Acute but ill-defined cerebrovascular disease
- **437** Other and ill-defined cerebrovascular disease
- **438** Late effects of cerebrovascular disease

How Can Home Health Help?

Our stroke-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Muscle strengthening/management

- Dysphagia management
- Individual and family counseling related to primary and secondary diagnosis
- Home safety and emergency education
- Nutritional assessment and instruction
- Pain assessment and instruction
- Assessment and associated venipuncture related to blood thinners

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Other Diseases of the Circulatory System

ICD-9 codes 391-459

Hypertension is high blood pressure. Blood pressure is the force of blood pushing against the walls of arteries and other blood vessels as it flows through them. High blood pressure that is caused by another medical condition or medication is called secondary hypertension. Hypertension is the most

common secondary condition noted with all other acute disorders.

Diagnosis Supported

- **391** Rheumatic fever with heart involvement
- **394** Diseases of mitral valve
- **395** Diseases of aortic valve
- **396** Diseases of mitral and aortic valves
- **401** Essential hypertension
- **403** Hypertensive kidney disease
- **403.0** Malignant hypertensive chronic kidney disease
- **403.1** Benign hypertensive chronic kidney disease
- **405** Secondary hypertension
- **416.0** Primary pulmonary hypertension
- **416.2** Chronic pulmonary embolism
- **416.8** Other chronic pulmonary heart diseases
- **420** Acute pericarditis
- **421** Acute and subacute endocarditis
- **423** Other diseases of pericardium
- **424** Other diseases of endocardium
- **427** Cardiac dysrhythmias
- **429** Complications of heart disease
- **442** Other aneurysm
- **444** Arterial embolism and thrombosis
- **448** Disease of capillaries

- 454 Varicose veins of lower extremities
- 458 Hypotension
- 459 Other disorders of circulatory system

How Can Home Health Help?

Our essential hypertension–related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Observation and assessment of cardiac condition
- Pain management, assessment, and instruction
- Assessment and associated venipuncture related to blood thinners
- Postoperative safety and education
- Associated venipuncture
- Wound assessment, treatment, instruction to patient, family, and caregiver
- Cardiopulmonary evaluation
- Exercise instruction
- Diagnostic checks as ordered
- Physician follow–up
- Home safety evaluation
- Specialized device and equipment training

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Diseases of the Respiratory System

ICD-9 codes 460-519

Pneumonia is an inflammation of the lungs caused by an infection. Many different organisms can cause it, including bacteria, viruses, and fungi. In some people, particularly the elderly and those who are debilitated, bacterial pneumonia may follow influenza or even a common cold.

Diagnosis Supported

- **465** Acute upper respiratory infections
- **466** Acute bronchitis and bronchiolitis
- **474** Chronic disease of tonsils and adenoids
- **478** Other diseases of upper respiratory tract
- **480** Viral pneumonia

- **482** Other bacterial pneumonia
- **486** Pneumonia organism unspecified
- **488** Influenza due to certain identified influenza viruses
- **491** Chronic bronchitis
- **492** Emphysema
- **494** Bronchiectasis
- **496** Chronic airway obstruction not elsewhere classified
- **504** Pneumonopathy due to inhalation of other dust
- **510** Empyema
- **511** Pleurisy
- **514** Pulmonary congestion and hypostasis
- **518** Other diseases of lung
- **519** Other diseases of respiratory system

How Can Home Health Help?

Our pneumonia-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Observation and systems assessment
- Assess respiratory status, respiratory rate, pattern and level of anxiety

- Teach, evaluate new antibiotic regimen
- Venipuncture, for CBC as ordered
- Teach patient, family, and caregiver safe, effective oxygen therapy at home
- Teach other pulmonary treatment
- Teach effective coughing and deep breathing exercises
- Assess breath, lung sounds
- Evaluate vital signs
- Teach patient, family, and caregiver use of nebulizer therapy
- Postural drainage as ordered
- Pain management due to cough and chest pain
- Assess for s/s/ of hypoxia
- Evaluate hydration and nutrition status
- Notify MD of significant changes

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for community resources, long-term planning, brief situational counseling and assessment of anxiety
- ADL assistance in conjunction with medical social work intervention

Chronic Obstructive Pulmonary Disease (COPD) & Allied Conditions

ICD-9 codes 490-496

COPD refers to a group of lung diseases that block airflow and make it increasingly difficult to breathe. Emphysema and chronic bronchitis are the two main conditions that make up COPD, but COPD can also refer to damage caused by chronic asthmatic bronchitis.

Risk Factors

- Smoking
- Passing exposure to cigarette smoke
- Environmental and industrial pollutants
- Asthma
- Frequent respiratory infections
- Positive family history
- Occupational dusts and chemicals (vapors, irritants, fumes)
- Indoor air pollutions from some fuels used for cooking and heating in poorly vented dwellings
- Outdoor air pollution

Additional Notes:

How Can Home Health Help?

Our COPD-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment

- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Management and evaluation
- Assess general pulmonary status and level of anxiety
- Evaluate lung sounds
- Teach patient or caregiver new medication regimen
- Teach regarding safe oxygen utilization
- Teach proper use of inhalers
- Teach conservation of energy
- Assess nutritional status
- Assess hydration status
- Assess vital signs
- Venipuncture
- Monitor respiratory rate
- Evaluate for presence or absence of cough
- Obtain sputum culture as ordered
- Breathing exercises
- Notify MD of significant changes

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training

- Medical social services for community resources, long-term planning, brief counseling related to anxiety and coping strategies
- ADL assistance in conjunction with medical social work intervention

Diseases of the Digestive System

ICD-9 codes 520-579

Digestive system diseases are any diseases that affect the human digestive tract. Such disorders may affect the esophagus, stomach, small intestine, large intestine, pancreas, liver, or biliary tract. Common disorders/diseases include gastroesophageal reflux disease, cirrhosis of the liver, peptic ulcers, colorectal cancer, and gallstones.

Diagnosis Supported

- **528** Diseases of the oral soft tissues including lesions specific for gingiva and tongue
- **530** Diseases of esophagus
- **531** Gastric ulcer
- **532** Duodenal ulcer
- **533** Peptic ulcer site unspecified
- **536** Disorders of function of stomach
- **540** Acute appendicitis
- **555** Regional enteritis
- **558** Other and unspecified noninfectious gastroenteritis and colitis

- **560** Intestinal obstruction without mention of hernia
- **564** Functional digestive disorders not elsewhere classified
- **565** Anal fissure and fistula
- **566** Abscess of anal and rectal regions
- **568** Other disorders of peritoneum
- **569** Other disorders of intestine
- **571** Chronic liver disease and cirrhosis
- **573** Other disorders of liver
- **574** Cholelithiasis
- **577** Diseases of pancreas
- **578** Gastrointestinal hemorrhage
- **579** Intestinal malabsorption

How Can Home Health Help?

Our services related to diseases of the digestive system may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Individualized care and treatment
- Facilitate other care providers' reporting and needs

- Home safety and emergency education
- Infusion therapy services
- Nutrition education and assessment

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for brief situational counseling, community resource identification, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Diseases of the Genitourinary System

ICD-9 codes 580-629

A urinary tract infection, or UTI, is an infection that can happen anywhere along the urinary tract. Urinary tract infections are caused by germs, usually bacteria that enter the urethra and then the bladder. This can lead to infection, most commonly in the bladder itself, which can spread to the kidneys.

Diagnosis Supported

- **580** Acute glomerulonephritis
- **581** Nephrotic syndrome
- **583** Nephritis and nephropathy not specified as acute or chronic
- **584** Acute kidney failure

- **585** Chronic kidney disease (CKD)
- **586** Renal failure unspecified
- **587** Renal sclerosis unspecified
- **590** Infections of kidney
- **591** Hydronephrosis
- **593** Other disorders of kidney and ureter
- **595** Cystitis
- **599** Other disorders of urethra and urinary tract
- **599.0** Urinary tract infection, site not specified
- **599.60** Urinary obstruction, unspecified
- **599.7** Hematuria
- **602** Other disorders of prostate
- **603** Hydrocele
- **611** Other disorders of breast
- **615** Inflammatory diseases of uterus except cervix
- **616** Inflammatory disease of cervix vagina and vulva
- **625** Pain and other symptoms associated with female genital
- **629** Other disorders of female genital organs

How Can Home Health Help?

Our UTI-related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment

- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Pain management, assessment, and instruction
- Individualized care and treatment
- Individual and family education on care needs
- Facilitate other care providers' reporting and needs
- Home safety and emergency education
- Nutrition assessment and education
- Associated venipuncture

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Diseases of the Skin & Subcutaneous Tissue

ICD-9 codes 680-709

A pressure ulcer (also known as a bedsore or a decubitus ulcer) is skin damage caused by pressure while a patient is sitting or lying for a period of time.

Diagnosis Supported

- **682** Other cellulitis and abscess
- **686** Other local infections of skin and subcutaneous tissue
- **691** Atopic dermatitis and related conditions
- **692** Contact dermatitis and other eczema
- **695** Erythematous conditions
- **698** Pruritus and related conditions
- **702** Other dermatoses
- **707** Chronic ulcer of skin
- **709** Other disorders of skin and subcutaneous tissue

Additional Notes:

How Can Home Health Help?

Our pressure ulcer–related services may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Management and evaluation of patient care
- Wound assessment, treatment, and instruction
- Catheter changes and maintenance
- Dressing changes
- Enteral/parenteral therapies and associated lab work

- Infusion therapy and associated lab work
- Teaching ostomy care
- Skin integrity assessment
- Monitoring of acute conditions
- Nutrition assessment and instruction
- Pain management, assessment, and instruction

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Diseases of the Musculoskeletal System & Connective Tissue

ICD-9 codes 710-739

Osteoporosis, or porous bone, is a disease in which bones become fragile and more likely to break. Arthritis refers to more than 100 different diseases that affect areas in or around joints. It's one of the most prevalent chronic health problems and the nation's leading cause of disability among Americans over age 15.

Diagnosis Supported

- **710** Diffuse diseases of connective tissue
- **714** Rheumatoid arthritis and other inflammatory polyarthropathies
- **715** Osteoarthritis and allied disorders
- **716** Other and unspecified arthropathies
- **719** Other and unspecified disorders of joint
- **721** Spondylosis and allied disorders
- **722** Intervertebral disc disorders
- **722.6** Degeneration of intervertebral disc, site unspecified
- **723** Other disorders of cervical region
- **724** Other and unspecified disorders of back
- **724.00** Spinal stenosis, unspecified region
- **724.5** Backache, unspecified
- **728** Disorders of muscle ligament and fascia
- **729** Other disorders of soft tissues
- **730** Osteomyelitis periostitis and other infections involving bone
- **733.0** Osteoporosis
- **733.1** Pathologic fracture
- **736** Other acquired deformities of limbs
- **737** Curvature of spine
- **738** Other acquired musculoskeletal deformity
- **739** Nonallopathic lesions not elsewhere classified

How Can Home Health Help?

Our services related to osteoporosis and arthritis may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- New diagnosis teaching
- Medication assessment, instruction, and supervision
- Pain management, assessment, and instruction
- Individualized care and treatment
- Facilitate other care providers' reporting and needs
- Home safety and emergency education
- Infusion therapy services
- Nutrition education

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Orthopedic Care

ICD-9 codes 719.45-829

Our orthopedic program is designed to teach patients and caregivers how to manage their day-to-day lives after experiencing a musculoskeletal or orthopedic condition that results in surgical or medical intervention.

Diagnosis Supported

- **718.0** Articular cartilage disorder
- **719.45** Total hip replacement
- **719.46** Total knee replacement
- **733.1** Pathological fractures
- **733.14** Pathologic fracture of hip
- **810-819** Upper limb fractures
- **810-819** Other fractures of upper limbs
- **821-829** Other fractures of the lower limbs

How Can Home Health Help?

Our skilled orthopedic services may include but are not limited to:

- Skilled observation and assessment
- Venipuncture for lab with assessment
- Removal of sutures/staples
- Evaluation of extremity in splint or cast
- Skeleton traction care

- Foley catheter insertions/management
- Pain management, assessment, and instruction
- Assessment and associated venipuncture related to blood thinners
- Administer IV, IM and Sub-Q medications
- Wound assessment, treatment, and instruction
- Pressure ulcer management
- Orthopedic pin care
- Elimination management
- Assess rehabilitation needs/potential
- Develop a rehabilitation program
- Transfer teaching
- Teaching bed mobility
- Balance and coordination exercises
- Gait training
- Fitting and use of assistive devices
- Teaching fine motor control

Injury & Poisoning

ICD-9 codes 800-999

Every year, one out of three adults age 65 and older falls. Among that age group, falls are the leading cause of injury death. They are also the most common cause of nonfatal injuries and hospital admissions for trauma.

The unintentional drug poisoning death rate has been rising in recent years, more than doubling between 1999 and 2007. Opioid pain medications such as oxycodone and methadone were involved in more than half of these deaths.

Diagnosis Supported

- **884** Multiple and unspecified open wound of upper limb
- **887** Traumatic amputation of arm and hand (complete) (partial)
- **890** Open wound of hip and thigh
- **892** Open wound of foot except toe(s) alone
- **894** Multiple and unspecified open wound of lower limb
- **941** Burn of face, head, and neck
- **944** Burn of wrist(s) and hand(s)
- **945** Burn of lower limb(s)
- **946** Burns of multiple specified sites
- **949** Burn unspecified site
- **967** Poisoning by sedatives and hypnotics
- **977** Poisoning by other and unspecified drugs and medicinal substances
- **991** Effects of reduced temperature
- **862** Injury to other and unspecified intrathoracic organs
- **869** Internal injury to unspecified or ill-defined organs
- **999** Complications of medical care not elsewhere classified

How Can Home Health Help?

Our services related to injury and accidental poisoning may include but are not limited to:

Skilled Nursing Services

- Skilled observation and assessment
- Medication management/teaching
- Individualized care and treatment
- Pain management, assessment, and instruction
- Education on managing disease process
- Associated lab work
- Facilitate other care providers' reporting and needs
- Home safety and emergency education
- Nutrition education

Therapy and Other Services

- Restorative therapy (physical, occupational, speech)
- Therapy evaluation for safety/safe environment
- Therapy evaluation for strength and balance training
- Medical social services for assessment of finances, home environment, support system, community resources, and long-term planning
- ADL assistance in conjunction with medical social work intervention

Physician's Guide to Medicare

Our home health agency provides the following services:

SKILLED NURSING

- Skilled observation and assessment of a newly diagnosed condition or the exacerbation of an existing condition
- Medication management/ education for a new or changed drug
- Open wound care/dressing
- Wound care/dressing changes for all types of wounds
- Bowel/bladder training
- Diabetic self-management training
- Foley insertion
- Teaching care of in-dwelling Foley Catheter
- Administer vitamin B12
- Administer other IM/Subq.
- Teach ostomy care
- Teach ostomy or ileal conduit of care
- Teach nasogastric feeding
- Re-insertion nasogastric feeding tube
- Teach gastrostomy feedings
- Teach parental nutrition
- Teach tracheostomy care
- Instruct in administration of medications, including inhalants and oxygen therapy
- Teach administration of injection
- Disimpaction/FU enema
- Management and evaluation of a patient care plan

MEDICAL SUPPLIES & EQUIPMENT

We can assist in the arrangement of supplies and equipment required to meet your individual medical needs.

PHYSICAL THERAPY

- Evaluation
- Therapeutic exercise
- Gait training
- Transfer training
- Ultrasound and other modalities
- Home exercise program
- Prosthetic training

SPEECH-LANGUAGE PATHOLOGY

- Evaluation
- Voice disorder treatment
- Speech articulation disorder
- Dysphagia treatment
- Language disorder treatment
- Aural rehabilitation
- Cognition assessment and interventions

OCCUPATIONAL THERAPY

- Evaluation
- ADL training
- Muscle re-education
- Perceptual motor training
- Fine motor coordination
- Neuro-development treatment
- Sensory treatment
- Orthotics/splinting
- Adaptive equipment

HOME HEALTH AIDE

- Bathing and dressing
- Personal care
- Transfer/ambulation
- Light meal preparation
- Support nutritional needs
- Laundry
- Light housekeeping

MEDICAL SOCIAL SERVICES

- Assessment of social and emotional factors
- Community resource planning
- Short-term therapy
- Short-term counseling for long-range planning and decision making